

# ALZHEIMER'S CARE CARD #1



## Possible Signs of Alzheimer's Disease

If you or someone you know is having increased difficulty in the following areas, it could be early Alzheimer's disease. There are also some reversible conditions that may cause the same symptoms. Whether it is Alzheimer's or another condition, there is treatment available. The earlier the diagnosis, the sooner treatment can begin. Make an appointment with your physician as soon as possible.

Things to look for:

- Problems doing familiar things
- Forgets common words or uses the wrong words
- Has a change in mood or personality
- Has lost interest in doing things
- Lacks judgment and problem solving skills
- Has frequent problems with tasks with multiple steps
- Forgets things more often
- Frequently loses things
- Repeats conversations or questions
- Has trouble driving
- Gets lost even in familiar locations

## What is Alzheimer's Disease?

Dementia is a brain disorder that seriously affects a person's ability to carry out daily activities. The most common form of dementia among older people is Alzheimer's disease (AD), which involves the parts of the brain that control thought, memory, and language.

AD affects 5.3 million Americans, and over 100,000 Arkansans. Diagnosis of AD is made by eliminating other possible causes of the dementia by looking at the results of a series of tests.

While there is no cure for AD, there are some treatments that may help prevent some symptoms from becoming worse for a limited time.

## Supporting Arkansas Families Since 1984

Alzheimer's Arkansas Programs and Services is an independent non-profit 501(c)(3) organization governed by a local volunteer Board of Directors.

Our services include:

- 24 hour telephone support
- Family and professional education
- Support groups for patients and caregivers
- Financial assistance
- Community awareness presentations
- Monthly newsletter and Lending Library

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