July 2016 Volume 2, Issue 7

Talk the Walk

Honorary Statewide Walk Chairmen: Angela Frazier and Glen Campbell's Family

Glen Campbell's family - Angela Frazier, niece; Shane Frazier, brother; Barbara Frazier, sister; and Sandy Brink, sister will the Honorary Walk Chairmen at all the Walks this year. They will be on hand to talk about him and how the family is coping with Alzheimer's disease.

River Valley Alzheimer's Walk in Russellville-August 20th

<u>Location:</u> L.V. Williamson Boys and Girls Club, 600 East 16th Street in Russellville.

Registration: begins at 9:00 am

Walk and Program starts at 9:45 am / Prizes & Raffle at 10:30am

<u>Pre-registration:</u> August 17th from 1:00 pm to 5:00 pm at the Area Agency on Aging, 915 South Arkansas Ave., Russellville. All re-registered participants receive 2 door prize tickets. If you wait to register on Walk day you will only receive 1 door prize ticket!

<u>Senior Food Drive:</u> bring a Senior Friendly food item - Boost or Ensure to the walk and your donation will go to the Main Street Mission and you will receive 1 extra door prize ticket per person per donation!

<u>Banner Competition</u> - all teams and individuals can enter into the banner competition.

Rules:

- Banner designs must be in good taste
- No glitter is to be used on the Banner
- Banner must display the team's name
- Banner must relate to the River Valley and/or Alzheimer's disease
- Banner must be handmade of any size, original work
- No professional sign services may be used

Raffle: IPad Air2 (16GB) will be raffled off at the Walk. Tickets are one for \$5.00 or 5 for \$20.00. To purchase raffle tickets, contact Tara Dollar at 479-264-4247. You do not have to be present to win!

Special Attractions:

Kiwanis Club Food Truck Lion's Club Hearing Booth Kid's Zone with Bouncy House Balloon Guy Ballroom Bangers Alzheimer's Arkansas Programs and Services

Alzheimer's Arkansas

Walk

Rally

and



Across Arkansas

2016 Walk Schedule

- >8/20 Russellville
- >9/10 Conway
- >9/17 Hot Springs
- >9/26 Little Rock
- >10/8 Clinton

Early Registration

If you turn in your team/individual registration form before August 1st, each person on your team or individual that is present on walk day will receive 1 extra door prize ticket per person!

Faulkner County Alzheimer's Walk in Conway - September 10th

Location: Conway High West Campus, 2300 Prince Street, Conway.

Registration: begins at 8:00 am

Walk and Program starts at 8:45 am / Door Prizes at 8:45 am

<u>Pre-registration:</u> September 1st from 2:00 pm to 7:00 pm at the Carpet Center, 810 3rd Street, Conway. All pre-registered participants receive 2 door prize tickets. If you wait to register on Walk day you will only receive 1 door prize ticket!

<u>Senior Food Drive:</u> bring a Senior Friendly food item - Canned Soup (meat or vegetable) to the walk and your donation will go to the Soul Food Café Mission and you will receive 1 extra door prize ticket per person per donation!

<u>Yard Sale</u>: August 13th from 7am to 1pm at Olympia Building Parking Lot, 2215 East Oak Street, Conway. If you have an item(s) you would like to donate to the yard sale, please contact Melissa Longing at 501-733-2457 or



Alzheimer's Walk in Downtown Hot Springs - September 17th

Location: Exchange Street Parking Plaza, 128 Exchange Street.

Registration: begins at 9:00 am

Walk and Program starts at 9:45 am / Door Prizes at 10:30 am

<u>Pre-registration:</u> September 14th from 11:00 am to 6:00 pm at the Area Agency on Aging, 905 West Grand Avenue, Hot Springs. All pre-registered participants receive 2 door prize tickets. If you wait to register on Walk day you will only receive 1 door prize ticket!

<u>Senior Food Drive</u>: bring a Senior Friendly food item - Peanut Butter, Canned Soup (meat or vegetable) or Ensure/Boost to the walk and your donation will go to the Project Hope Food Bank and you will receive 1 extra door prize ticket per person per donation!

Pets on Parade:

All dogs must have proof of current shots and be on a leash.

All prizes will be awarded that day after the Walk.

Each pet registered for contest receives an official bandana at event. Ribbons and prizes awarded according to votes cast that day.

Your pet must be event friendly.

Categories:

- Most dollars raised before the Walk
- Best pet and owner costume
- Best personality
- Cutest
- Ugliest

Participate at your own risk. Alzheimer's Arkansas and it's volunteers assume no responsibility for accident, injury or perceived harm to people or pets.



Alzheimer's Walk at the Little Rock Zoo - September 24th

Location: Little Rock Zoo, 1 Zoo Drive, Little Rock.

Registration: begins at 7:00 am, all participants must be in the Zoo by 8:15!

Walk and Program starts at 8:30 am / Door Prizes at 9:30 am

<u>Pre-registration:</u> September 28th thru 30th from 9:00 am to 5:00 pm at the Alzheimer's Arkansas office at 201 Markham Center Drive, Little Rock. All pre-registered participants receive 2 door prize tickets. If you wait to register on Walk day you will only receive 1 door prize ticket!



<u>Senior Food Drive</u>: bring a Senior Friendly food item - Peanut Butter, Canned Soup (meat or vegetable) or Ensure/Boost to the walk and your donation will go to the Primrose Food Pantry and you will receive 1 extra door prize ticket per person per donation!

Special Attractions:

Mega Brain
Train Ride to the Farm

Van Buren County Alzheimer's Walk in Clinton - October 8th

<u>Location:</u> Archey Fork Park, Clinton. Registration: begins at 7:30 am

Walk and Program starts at 9:00 am / Door Prizes at am

<u>Pre-registration:</u> October 3rd from 1:00 pm to 6:00 pm at the Clinton Wal-Mart, Highway 65. All pre-registered participants receive 2 door prize tickets. If you wait to register on Walk day you will only receive 1 door prize ticket!

<u>Senior Food Drive:</u> bring a Senior Friendly food item - Peanut Butter, Canned Soup (meat or vegetable) or Ensure/Boost to the walk and your donation will go to the local Food Bank and you will receive 1 extra door prize ticket per person per donation!

Special Attractions:

Doc & Diddy's BBQ - BBQ Sandwich, Chips and Drink for \$8.00 or BBQ Sandwich only for \$5.00

Don Nunley and the Good Times Band

Caregiver of the Year

Antique Cars

Memory Stroll Thru the Decade Booths

1920 - Absolute Care Management

1930 - Ozark Health Nursing and Rehab

1940 - Culpepper Mountain Church

1950 - Hospice Home Care

1960 - Ozark Health Home Health

1970 - Area Agency on Aging

1980 - Home Instead

1990 - Clinton Schools Gifted and Talented Class



Alzheimer's Arkansas is an independent 501(c)(3) organization providing services to Arkansans. Our mission is to provide the information and support needed so that all Arkansans affected by Alzheimer's disease and related dementias are able to live with dignity and comfort until a cure is found. All family services are free of charge.

Programs and Services

- After hours and holiday telephone support for caregivers
- Family Support Groups
- Financial assistance to caregivers
- Early-stage patient/caregiver support group
- Family education
- In-service training for professional caregivers
- Lending library of printed and video materials
- Monthly newsletter
- Public policy advocacy
- File of Life Program





Mark your Calendars! Join our Walk and Hope Committees Today ~ Call 501-224-0021

		July 2016				
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1	2	3
4 * Happy 4th of July!	5	6	7	8	9	10
11 Conway Walk Meeting @ 5:00 pm	12	13 Russellville - Ark. Tech Fair 11am to 2pm	14	15 Russellville - Arkansas Hospice Yard Sale	16	17
18 Little Rock Walk Meeting at Noon	19	20 Russellville Walk Meeting at 1:00 pm	21	22 Hot Springs Walk Meeting at Noon	23	24
25 Clinton Walk Meeting @ 3:00 pm	26	27 Conway Hope for the Future 12:00-5:30pm	28	29	30	May 1