

Speakers



Gary Barg, is Founder and Editor-in-Chief of the first national magazine for caregivers, *Today's Caregiver*, as well the original online caregiver community, *caregiver.com*. Gary created The Fearless Caregiver Conferences, hosted across the country. He has written two books, *The Fearless Caregiver* and *Caregiving Ties that Bind*.

Mark A. Pippenger, MD, is a Behavioral Neurologist with 20 years experience in treating patients with Alzheimer's disease and other forms of dementia. He works



at UAMS with his time divided between Geriatrics and Neurology. He is a member of the American Academy of Neurology, and is board-certified by the American Board of Psychiatry and Neurology.



Melanie Pilcher, PharmD is the Clinical Pharmacist with the Thomas-Lyon Longevity Center located at the Reynolds Institute on Aging at UAMS. Melanie

provides education to seniors regarding drug education, compliance issues, polypharmacy concerns and other issues related to prescription and over-the-counter medications.

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Jim Russenburger



2018 Little Rock

Hope for the

FUTURE

Workshop

FREE OF CHARGE

Friday, April 6, 2018

Geyer Springs Baptist Church

12400 I-30

Little Rock, AR 72210

7:30am-4:15pm



Statewide Sponsor:





What is Hope for the Future?

Hope for the Future is an educational workshop that provides information for caregivers, on how to care for those with Alzheimer's or any form of dementia. Professionals from the fields of medicine, law, nutrition and exercise address important issues that caregivers face daily when caring for a loved one or patient. This is a half day or full day seminar and provides breakfast, lunch and relaxing amenities, all at **no cost to the caregiver**. Financial assistance is available for respite care. Please contact Alzheimer's Arkansas at 501-224-0021 or 800-689-6090 for more information. If you are a professional caregiver or student, Continued Education Units (CEU's) are offered for a small fee.

Hope Agenda

- 7:30 Registration, Breakfast Sponsored by **Veeta and Calvin Biggers**
- 8:00 Welcome— Elise Siegler President
Alzheimer's Arkansas
- 8:30 Mark Pippenger, MD
UAMS Walker Memory Clinic,
"Alzheimer's Overview"
- 10:00 Break: Vendors, Virtual Dementia Tour, Massages, Screenings,
Snacks Sponsored by Jim Russenburger
- 10:30 Melanie Pilcher, PharmD
Clinical Pharmacist
Thomas-Lyon Longevity Center, UAMS
"Pharmacy Trends, Topics & Tips"
- 12:00 Lunch Sponsored by
Snell Prosthetic & Orthotic Laboratory
Vendors, Virtual Dementia Tour,
Massages, Screenings
- 12:45 Drums Alive Demonstration
- 1:00 Gary Barg-Owner & Editor-In-Chief
of Caregiver Today Magazine
- 2:30 Break: Vendors, Virtual Dementia Tour, Massages, Screenings,
Snacks Sponsored by Jim Russenburger
- 3:00 "Ask The Professional " Panel
- 4:00 Closing Remarks /Present Blessing Bears

Registration Form

Name _____
Organization _____
Address _____
City _____
State _____
Zip _____
Phone _____
Email _____
Check As Appropriate:
____ Family Caregiver/Friend-NO CHARGE
____ Respite Grant Requested
____ \$80 Family Caregiver (Requesting CEUs)
____ \$80 Professional (w/CEUs)
____ \$65 Student (w/CEUs)
(Students must provide student ID at registration)
____ Support Group Facilitator
All facilitators attend free of charge and receive CEUs
Credit Card Type _____
Credit Card # _____
Expiration Date _____
CVV# _____
Signature for Payment CEUs:

RETURN TO:
HOPE FOR THE FUTURE,
c/o Alzheimer's Arkansas,
201 Markham Center Drive,
Little Rock, AR 72205
Or
REGISTER ONLINE AT:
www.alzark.org/hopeforthefuture

Little Rock Hope for the Future

“Ask the Professional” Panel



Mark A. Pippenger, MD, UAMS, Dr. Pippenger is a native of Arkansas, born in Jonesboro. Most of his education has been in Arkansas, graduating with a degree in Zoology from Arkansas State University, then going on to medical school and a residency in Neurology at UAMS. After a few years of private practice in the mountains of western North Carolina, Dr. Pippenger completed a fellowship in Behavioral Neurology and Dementia at the University of California in Los Angeles. He returned to UAMS, where he is a Behavioral Neurologist, with special interests in neurological diseases affecting memory, thinking, and behavior, which includes Alzheimer Disease, Dementia with Lewy Bodies, and Fronto-Temporal Dementia. His time is divided between Geriatrics and Neurology, where he sees patients in the Memory Disorders Clinic in the Institute on Aging, as well as the Neurology Clinic in the Jackson Stephens Spine Institute.



Luke Mattingly, CEO, Carelink— Luke grew up in Jacksonville as a military brat. He attended UALR and received a double major in Criminal Justice and Political Science and has a Master’s degree in Human Resource Management. Luke was a Captain in the United States Air Force. He also spent 15 years in the manufacturing sector in central Arkansas where he became a certified Facilitator. During his time in manufacturing he served on several non-profit Boards. Through these volunteer positions he developed a passion for non-profit work and joined CareLink in 2003. He has served CareLink as the Vice President of Home Care and Human Resource, Chief Operations Officer and is now in his fourth year as Chief Executive Officer.



Martha Deaver, President, Arkansas Advocates for Nursing Home Residents- Martha began her work as an advocate for the rights of nursing home residents in the late 1980’s. She joined The Arkansas Advocates for Nursing Home Residents in 1998 and became a member of the board of directors in 2001. In January of 2008 she was elected President of The Arkansas Advocates for Nursing Home Residents. She also received the “2011 FBI Community Leadership Award” from the United States FBI director in Washington DC. In 2015, Martha was asked to serve as a committee member with the development of the new Veteran’s nursing home at Fort Roots.



Brian Bell, MD, Medical Director, Arkansas Hospice- Dr. Bell has been dually board certified in Family Medicine and Hospice/Palliative Medicine for 11 years. He attended the University of Central Arkansas and the University of Arkansas for Medical Sciences (UAMS) where he got his medical degree in 1995. After graduating from a family residency in Spartanburg, SC. he worked in family medicine for 8 years before his career in hospice and palliative medicine. He has always been involved in medical education and has served on faculty at 2 medical schools in South Carolina and is currently on faculty at the University of Arkansas for Medical Sciences. Arkansas Hospice.



Raymon Harvey, Elder Law Attorney, Raymon Harvey Law Firm- Raymon’s practice is limited to the areas of Elder Law, Special Needs Planning and Estate Planning, with over 30 years experience with aging and disability issues. He has been a member of the National Academy of Elder Law Attorneys for over 25 years and a Charter Member of the Special Needs Alliance. He is a Fellow of the Arkansas Gerontological Society and have been recognized by Mid-South Super Lawyers since 2008. A member of the Arkansas Bar Association, he recently served as Chairman for the Arkansas Elder Law Desk Manual and also served as Chairman of the Elder Law Section for the Arkansas Bar.



Beth Allen, Social Worker, Thomas Lyon Longevity Clinic - Beth is a lifelong resident of Little Rock. She attended UALR, graduating with a degree in Political Science and a master’s degree in Social Work. She has been working at UAMS since 2003; first in the hospital with renal services and transplants, general medicine, and ICU, and now is a social worker in the Thomas Lyon Longevity Clinic and the Walker Memory Clinic. She is a member of the Society of Social Work in Leadership in Healthcare, Accredited Case Manager and International Society to Advance Alzheimer’s Research and Treatment (ISTAART).