

## Speakers



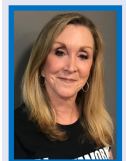
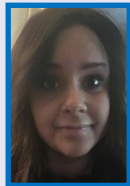
**Dr. Mimo Rose Lemdja-UAMS Clinic South** was born in Cameroon, Africa. She moved to the United States in 1997 and graduated from the University of Minnesota with a triple major in Biology, Biochemistry and French. She then graduated from RUSM Medical School and did her postgraduate and training at UAMS AHECNW in Fayetteville, Arkansas. Dr. Lemdja had a private practice at OVFC in Camden for 7 years and currently practices at the UAMS South Clinic in Magnolia.

**Ashanti M. Jones, PT, DPT** is an area Rehab Director with Kindred at Home, where she provides clinical rehabilitative support to Kindred at Home, home health agencies across Arkansas and Louisiana. She has over 13 years of experience as a physical therapist across various settings as well as states. Her current roll with Kindred at Home includes managing the safe strides comprehensive balance specialty program which was developed more than 20 years ago and continues to strive to create innovative ways to approach fall prevention.



**John Ross, Founding Partner, Ross & Shoalmire LLP**, John is licensed to practice law by the Supreme Courts of Texas and Arkansas. He is an accredited Veteran Affairs attorney and a member of the National Academy of Elder Law Attorneys. John is president of the Tri-State Alzheimer's Alliance, the Judge Advocate for the American Legion and a board member of the Christus Trinity hospital system. John devotes his entire practice to helping people remain independent throughout their retirement, protect and preserve their assets and secure their legacy.

**Lori DeWese, Education Coordinator, UAMS South Arkansas Center on Aging-** Lori has been with the Center on Aging for 9 years. She graduated from the University of Arkansas in Little Rock with a bachelor's Degree in Health Science with a focus on Community Health. Lori has obtained certifications such as CDP, DSMP, CDSMP, DEEP.

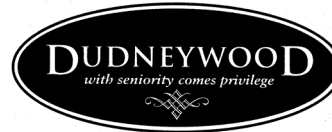


**Terry Clark Wellness Services Coordinator for Healthworks Fitness Center, El Dorado.** Terry has certifications and training in Stott Pilates, Sports Nutrition, Tabata Boot Camp, Les Mills, Johnny G Spinning, Drums Alive, Cancer & Exercise, Diabetes Empowerment Education Program (DEEP), and Tai Chi/Qigong.

## Founding Sponsor



## Presenting Sponsor



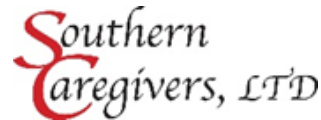
## Venue Sponsor



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## Hospitality Sponsor



## Continuing Education Sponsors



## Care Sponsor



## Breakfast Sponsor



## Lunch Sponsor



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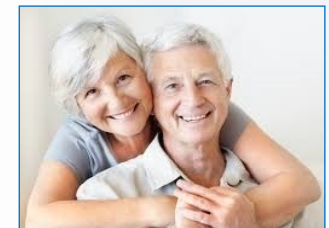
## Benefactor Sponsors



# 2018 Magnolia



**Friday, October 26, 2018**  
**First United Methodist Church**  
**320 West Main Street**  
**Magnolia, AR. 71753**  
**8:15am-2:15pm**



## Statewide Sponsor:





## What is Hope for the Future?

Hope for the Future is an educational workshop that provides information for caregivers, on how to care for those with Alzheimer's or any form of dementia. Professionals from the fields of medicine, law, nutrition and exercise address important issues that caregivers face daily when caring for a loved one or patient. This is a half day or full day seminar and provides breakfast, lunch and relaxing amenities, all at **no cost to the caregiver**. Financial assistance is available for respite care. Please contact Alzheimer's Arkansas at 501-224-0021 or 800-689-6090 for more information. If you are a professional caregiver or student, Continued Education Units (CEU's) are offered for a small fee.

## Hope Agenda

- 7:30 Registration, Breakfast Sponsored by **Wentworth Place**
- 8:15 Welcome– Elise Siegler, President *Alzheimer's Arkansas*, Opening Remarks, Barbara Lewis Director of *The Caring Place*
- 8:30 Dr. Mimo Lemdja, *UAMS-South Clinic* "Living with Alzheimer"
- 9:30 Ashanti Jones, PT,DPT, *Kindred at Home* "Introduction to Safe Strides - Comprehensive Fall Prevention"
- 10:30 Break-Snacks Sponsored by **Encompass Hospice**: Vendors, Dementia Live Tour, Chair Massage, Screenings
- 11:00 John Ross, Founding Partner, Ross & Shoalmire "Asset Protection"
- 12:00 Lunch Sponsored by: **Magnolia Health & Rehabilitation**-Vendors, Dementia Live Tour, Hearing Screenings, Blood Pressure Checks
- 12:45 Drums Alive Demonstration, Nancy Bailey, Southwest Area Agency on Aging
- 1:00 Lori DeWese, *South Arkansas Center on Aging* and Terri Clark, *Healthworks Fitness*, "Reversing Dementia Through Nutrition"( Cooking Demonstration)
- 2:00 Closing Remarks, **Dudneywood Assisted Living**, Presentation of Ellie Elephants, Elise Siegler, President of *Alzheimer's Arkansas*

## Registration Form

Name \_\_\_\_\_  
Organization \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_  
Zip \_\_\_\_\_  
Phone \_\_\_\_\_  
Email \_\_\_\_\_

Check As Appropriate:  
\_\_\_\_ Family Caregiver/Friend-NO CHARGE  
\_\_\_\_ Respite Grant Requested  
\_\_\_\_ \$45 Family Caregiver (Requesting CEUs)  
\_\_\_\_ \$45 Professional (w/CEUs)  
\_\_\_\_ \$25 Student (w/CEUs)  
*(Students must provide student ID at registration)*  
\_\_\_\_ Support Group Facilitator  
*All facilitators attend free of charge and receive CEUs*  
Credit Card Type \_\_\_\_\_  
Credit Card # \_\_\_\_\_  
Expiration Date \_\_\_\_\_  
CVV# \_\_\_\_\_

Signature for Payment CEUs:  
\_\_\_\_\_

RETURN TO:  
HOPE FOR THE FUTURE,  
c/o Alzheimer's Arkansas,  
201 Markham Center Drive,  
Little Rock, AR 72205  
Or

REGISTER ONLINE AT:  
[www.alzark.org/hopeforthefuture](http://www.alzark.org/hopeforthefuture)

**\*\*You must attend all the sessions to receive the amount of CEU's offered.**