



About our Programs

Alzheimer's Arkansas offers different types of programs to help caregivers.

Support Groups

We have over 50 support groups across the state. You can find a support group in your area by going to alzark.org. **Due to COVID, our support groups have not been meeting in person.** We have added some virtual options for caregivers!

Online Facebook Support Group

This is a private group and only for personal unpaid caregivers. You can post questions, stories, and chat with caregivers all over the state. This group is very engaged and ready to help. Our staff is always there to moderate and help point you in the right direction. Visit our facebook page and click groups to join!

Coffee with Gigi and Carolyn

Coffee with Gigi and Carolyn is a zoom support group designed to be a safe space for caregivers to vent, talk, and share their stories alongside our trained staff. Grab your cup of coffee the last Tuesday of every month and join our Executive Director Carolyn and Education and Outreach Manager Gigi for an hour that will lift your spirits and give you the tools to keep going. Learn more about this zoom support group meeting at alzark.org.

Grants

We offer three different grants throughout the year. These grants are designed to provide respite care, help with expenses, and offer peace of mind. Learn more about our grants on the grant comparison sheet in this binder or go to alzark.org/grants.